

Fassifern Flyer

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Term 1 Week 2

Date 4/2/2020

Calendar 2020

Term 1

FAMILY INFORMATION SESSIONs

Pirama
Thursday, February 6th
Makoro
Tuesday, February 11th
4.00pm

SPECIAL RELIGIOUS EDUCATION

Begins
Friday, February 14th

ZONE SWIMMING CARNIVAL

Tuesday, February 18th

MATHS FUN DAY

Wednesday, February 26th
1.30pm

CLEAN UP AUSTRALIA

P & C MEETING
9.15am
Friday, February 28th

MOBILE

1300 880 021

School Security
Number



A wonderful start to our school year, with smiling students facing each day with enthusiasm. And they couldn't be any happier to be learning than our Kindergarten group.

We have a very full term planned with our classes being:

Wilai (Kindergarten/Year 1) 20 students
Pirama (Years 2 and 3) 20 students
Makoro (Years 4, 5 and 6) 20 students

Family Information Sessions will be held, where you will learn the class plans for the year and you'll be able to discuss your child's learning year with the teacher.

Pirama (Ms Dedman): Thursday, February 6th 4.00pm
Makoro (Miss Brown): Tuesday, February 11th 4.00pm

Student Leadership Team will have its first full meeting next Monday. School Leaders, Ruby and Lyla, will be joined by Year 6 class advisors, Mia and Liam, Year 5 class advisors Jack and Jace, Year 4 class advisors Samuel and Kobi, Year 3 class advisors Max and Kayla, and Year 2 class advisors Alex and Vienna. The activities and consultative procedure of the Student Leadership Team will be reported in our newsletter.

I am happy to discuss your child's learning needs with you at any time and I look forward to a productive year for us all.

Regina

Small Schools Swimming Carnival



A small section of the very vocal Fassifern crowd at Friday's Small Schools Swimming Carnival. Fassifern were joined by students from Argenton, Awaba and Boolaroo Public Schools at Speers Point Pool.

It was encouraging to have parents attend and support the students. The very hot day was made more pleasant by the rotational visits to the splash pool.

Thank you to Mr Simon Dunn, from Argenton, who organised the day, and the staff of the small schools, who ensured that everyone was safe and the day ran smoothly.

Timed results will be available to determine the competitors at the PSSA Zone Swimming Carnival on Tuesday, February 18th.

Positive Behaviour For Learning

In line with our school's student behaviour and wellbeing platform, students are acknowledged for demonstrating behaviours beyond our stated expectations. Students who behave contrary to the expectations will have consequences. Students who are referred to Reflection Room three times in a term will not participate in the PBL Celebration at the end of the term.

The Celebration for Term 1 is Super Circus, a highly engaging, motivating and entertaining incursion that features circus stunts, tricks and superhero feats. The aim of Super Circus is for students to explore how overcoming obstacles and challenges will give them the "superpowers" they need to face everyday problems. In the 50-minutes show students will learn how to balance big feelings and healthy mindsets to be the best person they can be.

Throughout the term, families of students who repeatedly demonstrate behaviour contrary to expectations will receive communication from the Principal, and will be invited to discuss the situation.

Office News!

*Book Club No 1 is accompanying the newsletter and is due back 13th February.

*Please send in all General Permission notes and Special Religion & Special Education in Ethics Participation letter as soon as possible.

Facebook Page & Website Page:

Don't forget to keep up with the latest school news via Facebook or Fassifern PS website.

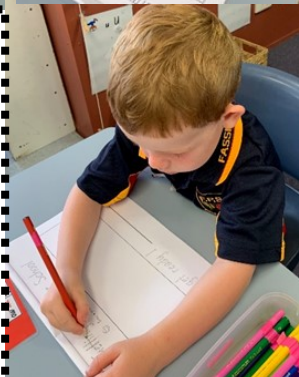
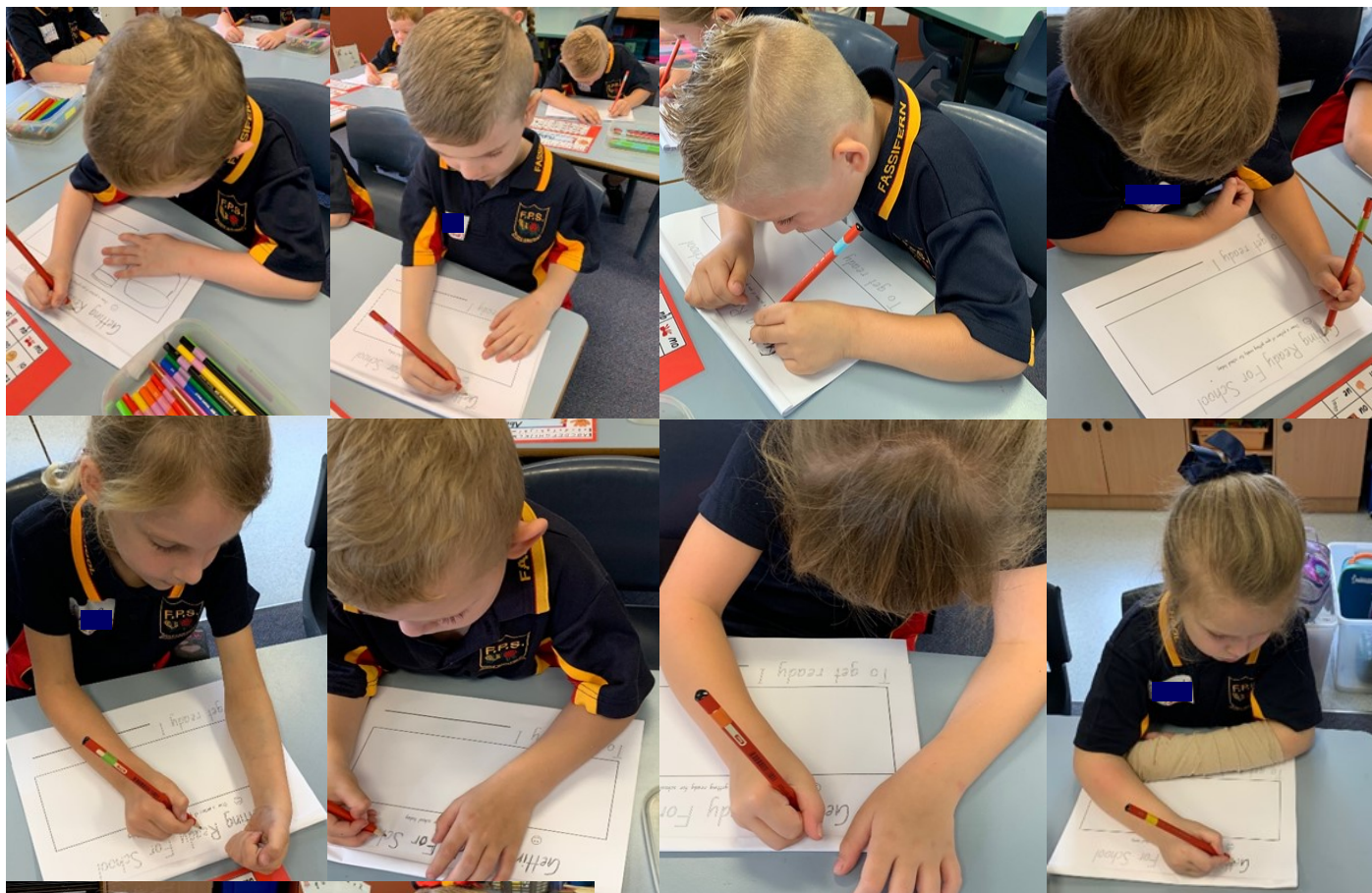
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- Cover exposed skin
- Use Insect repellents containing DEET or Picaridin and reapply often. If wanting to try a natural product use oil of lemon or eucalyptus.
- Be aware of peak mosquito biting hours whether daytime or dawn/dusk.
- Pour out any standing water.
- Keep mosquitoes outside - Use windows with screens or sleep under a mosquito net.

Wilai


Our lovely Wilai class has welcomed our Kindergarten students for 2020. Their first day was a busy and exciting day filled with lots of stories, counting, games, writing, colouring and learning about class and school routines. Our Year 1 students were so kind, helpful and encouraging to their new classmates. I am really looking forward to working with all of our new students and getting to know our new families. ~ Mrs O'Neill





**QUESTIONS TO ASK KIDS
AFTER SCHOOL INSTEAD OF
"HOW WAS YOUR DAY?"**

- What made you laugh today?
- Can you tell me something you learnt?
- What was the best part of today?
- Who did you sit with at lunch?
- Was anyone in your class away?
- What made your teacher smile?
- What was the worst part of today?
- If you were the teacher, what would you have taught the class today?
- What made you feel proud today?
- What are you looking forward to tomorrow?



ParentTV


Wilai



Makoro

Can you figure out who we are?

Figure Me Out!



My Age: $100 - 90$

My grade: $2 \times 5 - 1$

Pets I've got: 1×2


my birth month: $100 - 99$

My shoe size: 3×2

Schools I've been to: 2×1

Sisters I've got: 3×1

Figure me out!!



My Age: $20 - 1 + 5 - 14$

number of people in my family: $10 - 6$

How many counties I've been to: 2^2


How many bones in my body: $9 - 8$

How many pets I have: $0 + 1$

What grade I'm in: $10 + 4 - 3 + 4 - 10$

letters in my name: $10 - 4 + 8 - 10$

*Figure Me Out!



My Shoesize: $5^2 - 19 =$

My Age: $5^2 - 15 =$

My Birthmonth: $4 \div 2 + 2 =$


My Pets: $8 \div 4 =$

The number of people in my family: $36 \div 4 - 3 =$

My Grade: $6^2 - 30 =$

The number of letters in my name: 2×2

Figure Me Out



My Age: $4 \times 3 - 1$

My birthday: $10 + 1$

Letters in my name: $2 \times 1 + 1$

Number of pets I have: $1 + 1$

Number of Siblings: 2×1

What year am I in: $3 + 3$

Counties I've visited: $0 \div 0$

Healthy lunchbox = healthy brain = solid learning

In line with NSW Department of Education policy, and in liaison with NSW Health, we promote healthy lunchboxes for all students. In the morning session students enjoy Crunch'n'Sip, when they have a short break to eat fruit or vegetables and drink water. At lunch time (11.00am) students have 15 minutes to eat a healthy lunch and there are 10 minutes for a recess snack (1.15pm). Chocolates and lollies are not allowed and they will be sent home if they are in a lunchbox. We also discourage snack foods like Cheezels and high-sugar content bars. Here are some suggestions of healthy foods from which you can choose.

Pack your child a **HEALTHY LUNCH BOX**

Choose a variety of foods from each food group



Fruit



Vegetables



Dairy



Wholegrains



Lean meat & alternatives



A Healthy Lunch Box



Watch this space for healthy lunchbox suggestions and recipes through the term.



choose **HEALTHY SNACKS**

Healthy snacks help meet kid's nutrition needs. Choose snacks based on:

• vegetables • fruit • milk • cheese • yoghurt • wholegrain breads, crackers and cereals



WHAT IS A HEALTHY SNACK?

INCLUDE FRESH FOODS & WHOLEGRAIN VARIETIES AS SNACKS



**MAKE
HEALTHY
NORMAL**

This resource has been developed by
Western Sydney Local Health District,
published November 2018



Safety

around schools

Road rules in school zones

Pedestrian crossings

You cannot stop within 20 metres before a pedestrian crossing or 10 metres after a pedestrian crossing unless there is a control sign permitting parking.

Minimum penalty: \$439 and two demerit points

Double parking

You may not stop on the road alongside to another vehicle at any time even to drop off or pick up passengers.

Minimum penalty: \$330 and two demerit points

Parking on a verge

You cannot stop or park on a verge area (footpath, nature strip, dividing strip or kerb).

Minimum penalty: \$183 and two demerit points

Slow down

Stick to the 40km/h speed limit in a school zone and look out for children who may be about.

Kiss and ride

Some schools have 'kiss and ride' or 'drop-off and pick-up zones' for children in 'No Parking' zones. If your school has a program in place, remember to always drop off or pick up your child from the designated zone and follow the school's procedures. You can stop in a kiss and ride area for two minutes only to pick up passengers and you must stay within three metres of the vehicle.

If your school does not have a 'kiss and ride' program in place please use the 'No Parking' zone to drop off and pick up passengers.

IMPORTANT INFORMATION

PARKING RESTRICTION SIGNS



You cannot stop here

A driver must not stop in a no stopping zone.

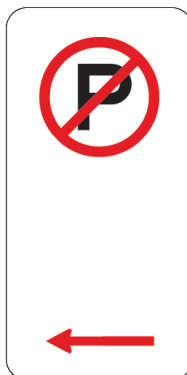
*Minimum penalty:
\$330 and two demerit points*



You cannot stop here

You are not allowed to stop your vehicle unless you are driving a bus.

*Minimum penalty:
\$330 and two demerit points*



You can stop here for two minutes only

You have no more than two minutes to drop off or pick up passengers or goods and the driver must stay within three metres of the vehicle.

*Minimum penalty:
\$183 and two demerit points*



You cannot stop here

Unless a current Mobility Parking Scheme (MPS) permit is displayed.

*Minimum penalty:
\$561 and one demerit point*



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