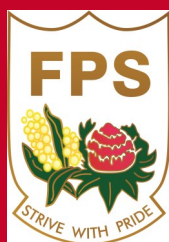




Education



Fassifern Flyer

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Phone: 024959 2708 Fax 024950 4923

Email : fassifern-p.school@det.nsw.edu.au

Term 1 Week 6

Date 5/3/2019

Calendar 2019

Term 1

Friday
8th February-
29th March
(excepting March 8th)
Gymnastics

Friday
8th March
Responsible Pets

Wednesday
March 13th
**PSSA Rugby League
Trials**

Friday
March 15th
PSSA Soccer Gala Day

MOBILE

PH: 0447 224 900

1300 880 021

**School Security
Number**

1300 880 021



It's a hive of activity in the Canteen on Fridays. Our willing volunteers— Tegan Nardo, Casey Towers and Hailee Versluis— prepared healthy lunches for all students who ordered. Scarlett and Lachlan are both happy customers!

It's timely to acknowledge the wonderful work of the members of our School's Parents & Citizens' Association. The first meeting for 2019 was a marathon of three hours—but this is not the norm! However, the valuable discussions resulted in student- and school-focussed decisions leading into the Annual General Meeting on March 29th. Our volunteers have been able to re-commence Canteen on Fridays with a nutritious and appealing menu, and pay for quality resources for your children, including the new Wellbeing Books.

To meet the needs of all families, consideration of timing of meetings will be a major point of discussion at the March meeting. Some families have expressed an interest in meeting in the evenings; please let me know if this change would suit you and enable you to attend.

Take a bow, people at home, for the consistency of wearing uniforms in our school. Our uniform is neat and practical, and looks fabulous. Well done!

The Student Leadership Team meets once a week with me, and consists of the School Captain and Vice-Captain, and class advisors from Years 2-6. The

Regina

Everybody's interested... Every Friday students participate in Interest Groups, enjoying elements of the Creative and Performing Arts syllabus. Mr Geddes's Dance group has the moves!



Sport Report

On Friday, February 22, Stage 2 and 3 students were very fortunate to receive a visit from the **Newcastle Knights**. During this session, we discussed things such as cyber safety; being careful when sharing our information online, cyber bullying and how to avoid being scammed. We are now much better equipped with a range of knowledge and skills to ensure we are safe online.

Miss Brown- Sport Coordinator



Awards

Term 1 Week 4 & 5

Wilai	Week 4	Lilith McMurray	Clever thinking during class discussions.
Wilai	Week 4	Nevaeh Gordon	Being a helpful and kind class member.
Wilai	Week 5	Okalani Thornton	Working well in reading groups.
Wilai	Week 5	Ella Young	Demonstrating enthusiasm in her
Pirama	Week 4	Chetana Thornton	Excellent problem solving skills in maths.
Pirama	Week 4	Jorja Hilditch	Consistent effort & positive approach to all learning tasks.
Pirama	Week 5	Eva Pope	Always being helpful & kind to her class mates.
Pirama	Week 5	Jack Tonks	Enthusiastic approach to maths.
Makoro	Week 4	Ruby Field	For being a resilient learner who uses constructive feedback to improve her learning.
Makoro	Week 4	Mia De-Miller	For approaching challenging tasks with a positive attitude.
Makoro	Week 5	Hugh Johnson	For being a polite student who always works to the best of his ability.
Makoro	Week 5	Elijah Cassell	For being an inquisitive learner who asks well thought out questions during group and class discussions.



Home Reading



Knights Prizes



P&C

We are so happy and excited by how many people have put their hands up to help volunteer in the canteen and want to be involved in school activities. We really do appreciate it and can't do it without your support.

Very exciting news CANTEEN will be open Wednesdays and Fridays starting this week for our beautiful students which I'm sure they will be very excited about!

We will be holding a canteen meeting for all canteen volunteers and whoever else is interested in volunteering please feel welcome to attend on this Friday 8th March at 2pm in the classroom next to the school's office. This will be to go through availabilities, procedures etc. So if you can make it, it would be greatly appreciated.

**The next P&C Meeting will start with
the
ANNUAL GENERAL MEETING
and will be held on
Friday, March 29th
9am in the Resource Room!**

Good for Kids good for life

CRUNCH&SIP®

Crunch&Sip® is a set time during class time for primary school students to 'refuel' on vegetables, salad or fruit, and 'rehydrate' with water. Students who are not hungry and are well hydrated perform better in the classroom, show increased concentration, and are less likely to be irritable and disruptive. Many students are not eating enough vegetables and fruit or keeping sufficiently hydrated.

What to pack for **Crunch&Sip®**
It's simple!
Crunch&Sip means vegetables, fruit and water only.



www.healthykids.nsw.gov.au/campaigns-programs/crunchsip.aspx



Health
Hunter New England
Local Health District

HNELHD-GoodForKids@hnehealth.nsw.gov.au
<http://www.goodforkids.nsw.gov.au/>

Mini ham and cheese Quiches

INGREDIENTS

- 12 slices white bread crusts removed
- 20 g Western Star Original Salted Butter softened
- 1/2 cup cheddar cheese grated
- 60 g ham finely chopped
- 2 spring onions finely sliced
- 6 eggs lightly whisked

METHOD

- STEP 1 ☐ Preheat the oven to 180°C.
- STEP 2 ☐ Use a rolling pin to lightly roll slices of bread and flatten until thin. Butter the slices of bread on one side. Place the slices in a muffin tin, butter side down in order to create a case. Transfer into the oven and bake for 8 minutes. Remove the tin from the oven and reduce the temperature to 160°C.
- STEP 3 ☐ Meanwhile, place the cheese, ham, spring onions and eggs in a large bowl. Season with salt and pepper and mix well to combine.
- STEP 4 ☐ Pour the mixture carefully into the toasted cases and return to the oven to bake for a further 15-20 minutes, or until set and lightly golden. Remove from the oven and allow to stand for 5 minutes before carefully removing from the tin.
- STEP 5 ☐ Serve warm or at room temperature.

(For a healthier alternative, substitute the white bread for whole-meal and use low fat cheese. Can also change up ingredients other than bread eggs and cheese)



It's your birthday!

Student birthdays will be acknowledged in this Newsletter—Happy Birthday Alex and Regan!



Star of the Week: Term 1, Week 4: Noah Scott



The Star of the Week is Noah Scott. Noah is an ambitious student who consistently works hard in all subject areas. He has a love for learning and seeks constructive feedback, using it to make improvements. He is a resilient learner who takes risks, subsequently producing well-planned, quality work. Noah sets high



Star of the Week: Term 1, Week 5: Eli Berry



The Star of the Week for Week 6 is Eli Berry. Eli is one of our clever Wilai Kindergarten students. He has settled very well into school and has approached his work tasks with a sensible attitude. Eli is a helpful student, always offering to help Mrs O'Neill with small jobs in the classroom. He has made real improvements in his work already- he has started to learn his sounds and he is learning to read in guided reading groups. Eli likes to keep our playground neat and tidy by picking up rubbish and keeping

Real-world Homework

One of the Homework tasks for Makoro was to create an artwork from natural substances. Elijah, Mahlah and Lillian have done a splendid job! Tasks such as these encourage students to think creatively but also to express their ideas in diverse media.



It's a long way to the top... Celebrating at the top of Mount Kosciuszko are Tia, Tara, Sean and Jamie, a volunteer, who had made the long walk for **Blue's Clues** team. The team were raising funds for Cerebral Palsy Alliance, an Australia-wide non-profit organisation. Tara said the focus for **Blue's Clues** was to raise awareness of the need to create more sports programs for those with cerebral palsy, and to provide accessible gyms.

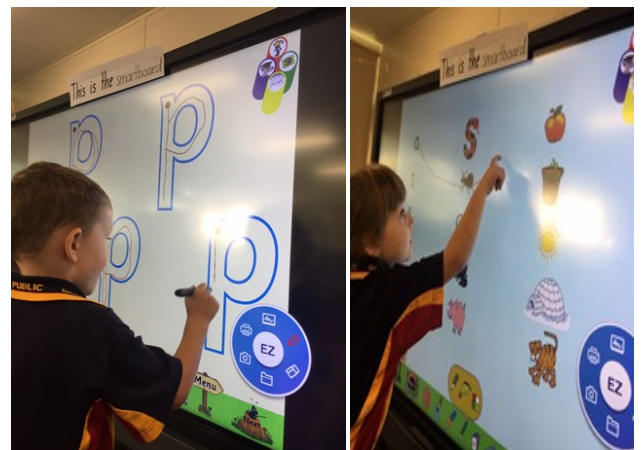


Wilai

This week in Wilai we have been practising our PBL expectation for Week 5: Move around the school sensibly. Look how beautifully our Wilai students can walk safely on our paths!



In Mathematics this week Year 1 students were learning about multiplication and division. The focus of this lesson was making equal groups. Our Kindergarten students followed up their hands-on activities with some bookwork.



In our morning session, our Kindergarten students are learning their sounds. Above we can see the children demonstrating their knowledge of the sounds we have learned so far.

Pirama

We have been learning all about 2D shapes in maths. Using our knowledge of symmetry, flip, slide and turn of 2D shapes, we created these colourful 2D shape monsters! Here's a sneak peak of us making them.



Makoro

During Numeracy lessons, Makoro students have been learning all about Capacity. Capacity is the maximum amount that something can hold. We estimated and then used formal measuring instruments to find the capacity of a variety of different containers.



Head lice

It is common for school children to get head lice and it has nothing to do with being clean or dirty. Head lice can spread when children are in close contact, but head lice do not cause any harm to your child's health.

To prevent your child getting head lice:
check your child's hair regularly
keep long hair tied back, plaited or braided.

If your child has head lice:

Remove tangles with a large comb, then comb hair with a thick, white hair conditioner using a fine-tooth comb to get rid of head lice and their eggs (nits) daily until there are no more eggs. Inform the school so they can ask others to check their children's hair; your child does not have to be identified.

www.health.nsw.gov.au/topics

www.health.nsw.gov.au/publichealth/environment/headlice

