



Fassifern Public School

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Proud member of Pondee Konara Community of Schools



Dear Parents/Caregivers

Our Fassifern PS **EASTER HAT PARADE** is to be held on Thursday 29th March 2018.

This year, with the help of a buddy, classes are making their own hats at school.

To make hat production easier, could you please send to school the base for a hat of your choice eg. cardboard cone shape or an ice cream container with ties to secure to the child's head

Please discuss with your child some ideas on how to decorate their hat and send in the base and your desired decorations in a **CLEARLY LABELLED PLASTIC BAG** by Wednesday 21st March 2018.

We would like as many students as possible to participate and ask that older students also join in the making of hats. They will then accompany our younger students in the parade.

We understand that some children will not be participating in the hat parade, these children will be provided a suitable activity when hats are being made.

Some decorating suggestions:-

- cotton wool balls, Easter pictures, coloured streamers, crepe paper, cellophane, glitter etc.

Thank you
Fassifern Class Teachers.



Strive with Pride

Dear Parents

At our school we aim to create a safe and supportive school community for everyone.

Sometimes, it can be difficult for parents or carers to know what to do when their child talks to them about bullying.

You are an important part of our work to prevent bullying and to respond effectively if it happens. Stopping bullying involves everyone.

If your child talks to you about bullying:

1. **Listen** calmly and get the full story. Your calm response is important to allow your child to tell you all about the situation. After they've told you their story, ask questions to get more details if you need to: who, what, where, when. Although you may feel some strong emotions about your child's experience, try to keep calm to avoid more distress to your child.
2. **Reassure** your child they are not to blame. Many children blame themselves and this may make them feel even worse. You could say things like, 'That sounds really hard to deal with. No one should have to put up with that.' or 'I'm so glad you told me. You should be able to feel safe at school; that's not fair at all'.
3. **Ask** your child what they want to do and what they want you to do. A critical part of your response is to avoid jumping in to solve the problem. While it is natural to want to protect your child, helping them to find their own solution is a better option. It helps them feel they have some power in the situation.
4. **Visit** www.bullyingnoway.gov.au to find some strategies. The website has tips and ideas for different bullying situations. One idea is to practise strategies at home to help your child feel more confident.
5. **Contact** the school. Your child may be reluctant for you to do this, so discuss the idea and reassure them that the school would want to know and is able to help. Make an appointment to meet with your child's teacher and, if you need to, ask to talk with the principal. Contact the school immediately if you have a concern about your child's safety.
6. **Check in regularly** with your child. Keep the conversation going. It can take time to resolve issues, so check in regularly with your child about their experiences and their feelings. Your ongoing support is important.

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2. Reassure your child that they are not to blame.
3. Ask your child what they want to do about it and how you can help.
4. Visit www.bullyingnoway.gov.au to find some strategies.
5. Contact the school.
6. Check in regularly with your child.