

The Debating Workshop!

Last week we attended a debating workshop with Mrs Clarke. At the start of the debating workshop they explained that they would be yelling at us all day about debating facts. Firstly, they explained PEEL (point, explain, example, link). Secondly, they explained the negative and affirmative teams. The negative disagrees with the topic, while the affirmative agrees with it. Thirdly, they explained what order the arguments were in. Then, then they explained rebuttal (which is when the next speaker tells the speaker that just spoke why they're wrong). Lastly, we had a little, pretend debate between Fassi and Fern. It was a great day and we can't wait to use our skills during this year's debating competition.

By Us (Olivia and Phoebe).



1st Sat of the Month
8am to 1pm
Toronto Foreshore

Good for Kids good for life

SUGARY DRINKS

The *NSW Healthy School Canteen Strategy* was introduced in 2017. As part of the strategy, sugary drinks are not to be sold in the canteen.

Sugary drinks include: regular soft drinks, flavoured mineral waters, flavoured waters, sports waters, sports drinks, fruit drinks, coconut waters, cordials, slushies and frozen fruit drinks with less than 99% fruit juice. All energy drinks are also included.

Our canteen stocks refreshing everyday drinks for the students and includes water, plain and/or flavoured milk and 99% fruit juice.

Why not try cutting back on sugary drinks at home too?



Hunter New England
Local Health District

PHONE 4924 6499

**Singing brings out
the best in your
child!**



The **Australian Youth**

Choir benefits boys and girls from 7 years of age upwards to discover their vocal talent, learn to sing, develop their musicianship and performance skills, and make new friends.

Singing in a choir stimulates the mind and imagination, with research showing it has a profound effect on a child's general learning of literacy and numeracy as well as health and wellbeing.

Our programme consists of weekly rehearsals in school term, workshops and 2 concerts a year.



Call us **1300 761 039**

Or visit our website www.niypaa.com.au
to talk about joining now

Fassifern Public School is a PBL School - Care Share Achieve
Proud Member of the Lake Macquarie Area Collegiate



Schools as Community Centres use a community development approach to link families with their local school. SaCCs are based in public schools around the State, providing a range of projects... Schools as Community Centres are provided by the NSW Department of Education.



Playgroup!



Supported playgroups provide a range of learning experiences to help kids grow. They also provide information about topics relating to child development, health and child safety whilst creating an opportunity for parents and carers to meet and share their experiences and ideas.



Playgroup

During School Terms

Monday's 9.30am - 11.30am for all children 0 - 5 years

Tuesday's 10am -12pm for bubs under 12 months



Westlakes Family Centre (Wesley Mission) is co-located in Nar-un-bah Schools as Community Centre and provides support for families with children aged 0-8 living on the western side of Lake Macquarie, from Booragul to Morisset. We understand that parenting is a full-time job and everyone needs support.

For more information about these or any other programs run at Nar-un-bah SACC located in the grounds of Fennell Bay Public School please call Jennifer on 4959 6140



search Nar-un-bah

Wednesdays- group starts 21st February

Infant Massage Group This 5 week course offers you a wonderful opportunity to meet new parents and spend time with your baby in a relaxing and supportive environment. **Starting Wednesday 21st February – 28th March 10.00am – 11.00am Bookings essential 4959 6140**

Parent tips and Ideas. Come along for a cuppa and a chance to talk about any challenges you might be having with your kids. Various topics will be explored and this is a fantastic opportunity to connect with other parents that are going through the same challenges as yourself when it comes to raising kids. **2-3pm Wednesday's**

Fridays

Circles of Security: Parenting can be tricky for everyone at one point or another. Circle of Security provides a roadmap for parents to look beyond their child's behaviour and develop an understanding of how to meet their child's underlying needs they are expressing. Circle of Security focuses on the relationship we have with our children, so we can give them the emotional security they need. **This 6 week group starts Friday 9th February 10.00am – 12.00pm Bookings essential call Allison 4950 7215 or 0427 166 119**

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