

Fassifern Flyer

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Term 2 Week 4

17/05/2016

Calendar

Term 2

No payment transactions and limited office operation from 1st June—18th June
Coding group on Tuesdays with Mrs Clarke
Guitar lessons on Thursdays with Mr Mooney
18th May Debating
19th May Grip Leadership
25th May Milkshake Day
31st May Responsible Pet Program K-2 free
13th June Queens Birthday Public Holiday
14th June GO LIVE Office closed
24th June Reports Home
27th June Parent, Teacher Interviews
1st July Naidoc Day @ F.Bay
2nd July Election

Principal's Message

PBL

Our PBL focus for Week 4 is 'Use equipment and furniture safely'. I believe all students at Fassifern P.S do this and we only have to remind some very occasionally in the playground if they forget during a game. Well done to every student, particularly our seniors, who have made our playground a very safe and happy place to play. We are still on target for 100% attendance at our end of Term PBL Awards event!

Peer Support

Peer Support is off to a great start, with all teachers and leaders reporting full participation of all students. Last week was the introductory session and this week's topic is 'Getting to Know You'. The students will join in activities to let others know a little about themselves. This program is designed to assist the growth of social and emotional health in both the leaders and the participants.

Small School Sport's Carnival

The Small Schools Sports Carnival is taking place today. We have additional competition this year with Teralba P.S joining us. All students are excited for a great day ahead!

STEM Focus Day

The Lake Macquarie STEM Focus Day for Fassifern P.S Stage 3 students has been confirmed for Friday 27th May. A permission note for all involved has been distributed.



Enrolling Now for 2017

Enrolments

This year we are hoping to begin our Kindergarten Orientation Program earlier in the year and allow the new student's further time to participate in activities at school. If you have a Kindergarten child or know of a Kindergarten child who will be starting at Fassifern P.S in 2017, could you please contact our school office to organise for enrolment.

The community acknowledges the traditional custodians of the land on which the school is located.

We are a proud Pondee Konara Community .

Office News!

- ♦ Office will be closed Tuesday 14th June due to LMBR Rollover
- ♦ New P and C meeting time Friday morning 9.15am
- ♦ Please pay all invoices by the 1st June

Term 3

27th July

Kaleidoscope Science Show

22nd Aug

Matter of Seconds

Term 4

25th-27th Oct

Years 5/6 camp

2nd-3rd Nov

Years 3/4 camp



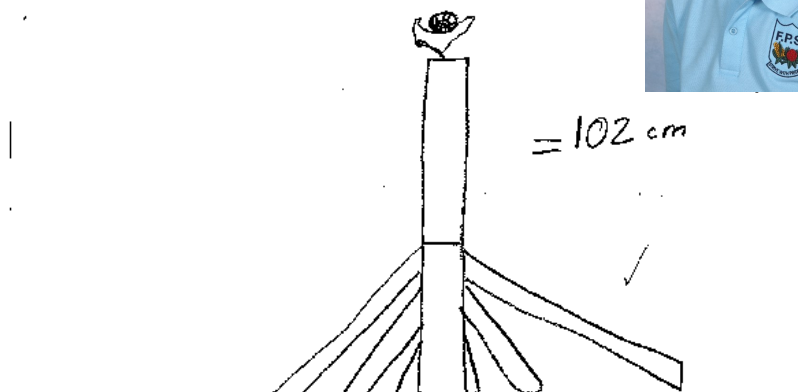
*Small Schools Are Fun
We Work As One*

Kid's Matter

Last week Miss Morgan and I took part in Kid's Matter Training. An initial activity was to conduct an audit on activities currently offered at Fassifern P.S and we are definitely on track. We will conduct a parent information session in the latter part of this Term to ensure our whole community is informed of this initiative.

'Student of the Week'

This week Olivia Hogg from 2/3 is our 'Student of the Week'. Olivia is an excellent student excelling in all areas of the curriculum. The piece of work below shows Olivia's report on a recent STEM project conducted in 2/3.



Year 3:

Write about:

- How you built your tower?
- What worked well?
- What didn't work?
- What would you do differently next time?

First Lara, Ayviah and me built the legs. Then we added the top and I built a cup holder. Finally we put the golf ball on top and we finished! It worked really well when we added more legs to help it stand. It didn't work very well when we added too much sticky tape. I think we might try to make it a little bit taller next time.



12/5/20

K/1 News

After our success building newspaper towers last week, K/1 were very keen for their STEM lessons this week. Their task ("mission") was to construct a device to launch an army man toy. Students were given a plastic cup, 6 paddle pop sticks, 2 rubber bands, a spoon, string and tape. The groups again cooperated well, coming up with unique designs to fulfill their mission. After

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some minor alterations, children were able to launch their army man to safety. Keep up the great work, K/1!

Mrs O'Neill



Weekly Awards

TERM 2- WEEK 3

Class	Name	Award
K/1	Harvey Young	Clever thinking in STEM lessons
K/1	Isaac Solomons	Enthusiasm in Mathematics lessons
2/3	Liam Seiver	Improved confidence in writing tasks
2/3	Lara Lockett	Being a great team member in this week's STEM project
4/5/6	Abbey Scott	Making big improvements in Mathematics
4/5/6	Abbie Gazzard	Dedication to all class activities



THE UNIVERSITY OF
NEWCASTLE
AUSTRALIA

JULY
5th - 6th
9am - 3pm

'SMART Code'

Coding &
Computer Science
Holiday Workshop

2 Days of on
campus,
coding fun!

\$85
Registration

**SCIENCE
MATHS AND
REAL
TECHNOLOGY**

- Ages 10 - 14 years
- No prior knowledge required
- Learn the science of coding
- Design your own App
- SMARTbots science show
- University Campus experience

For more information
and Registration visit:

www.newcastle.edu.au/smart

NSW Chief Scientist & Engineer

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New Rules for Cars and Cyclists—March 1 2016

From 1 March 2016, drivers who pass a bicycle rider must allow a distance of at least:

1 metre when the speed limit is 60km/h or less

1.5 metres when the speed limit is more than 60km/h

If drivers cannot pass a bicycle rider safely, they should slow down and wait until it is safe to pass the rider, leaving the minimum distance. To help drivers provide the minimum distance, some exemptions to the road rules will apply. Please go to :

<http://roadsafety.transport.nsw.gov.au/campaigns/go-together/index.html> to find out more.



CANTEEN CLOSED WEDNESDAYS

P and C

New Executive

President	Jacqueline Lockett	Vice President	Jess McKenna
Treasurer	Jess McKenna	Secretary	Alena Harragon
Canteen	Kaylene Hall	Uniform	Kaylene Hall
Fundraising	Bronwyn Berry		

President's Report

Our motto for the year is Positivity, Fun and Team Work!

- ◆ We now have a new meeting time of 9:15 the second Friday of the month which we hope more parents and community members will be able to make! Everyone is welcome and we love seeing new faces.
- ◆ There is a P & C box located in the office, this box is going to be used this year as a suggestion box as well as a way for the P & C to collect notes and monies so please if you have a suggestion for the P&C pop it into the box and it will be bought up at the next meeting.
- ◆ Our Mothers Day Stall raised \$290 with students very excited with all their lovely purchases.
- ◆ Our first big purchase for the year will be voted on at the next meeting, when this is decided we will get quotes so we can regularly post how much is left to achieve our goal!
- ◆ The 25th May is our milkshake day, notes will be going home with students shortly, so remember to get your order and payment in for a delicious milkshake on a very important day!
- ◆ We also have a Thompsons pie drive starting shortly order forms to go out shortly with students.
- ◆ Lastly a heads up for the election day coming up. We will be having a BBQ and also, selling lamingtons for all the people that visit our lovely school when voting. If you would like to donate your time their will be a timetable coming up in the next few newsletters and we are hoping with your help to fill all the spots.

I'm looking forward to another great year working with you as the President of the P&C. Have a great week *Jacqueline Lockett.*

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Introducing KidsMatter Primary

Good mental health is vital for life. Children who are mentally healthy are better able to meet life's challenges and have stronger relationships with the people around them. They are also better learners who are more likely to succeed at school. Good mental health in childhood provides a solid basis for managing changes as they grow.

On the other hand, children who are exposed to multiple stressors – such as a family breakdown, poverty, abuse, racism, bullying, or the mental illness of a parent – are at a higher risk of developing emotional or behavioural problems that can continue into adulthood.

It's not always possible to tell which children will develop difficulties, so it's important to consider the wellbeing of all children.

The good news is that KidsMatter Primary is all about growing healthy minds. KidsMatter is a mental health and wellbeing framework that helps schools focus on the development of all their students in partnership with families. It was developed by mental health and education experts and has already made a big difference to the lives of Australian children.



Does KidsMatter Primary work?

KidsMatter Primary works because it unites all the people that influence children's mental health most – families, school staff and the wider community.

KidsMatter Primary can help improve:

- the mental health and wellbeing of students¹
- the quality of their school work¹
- the ability of parents, carers and teaching staff to help children deal with problems¹
- NAPLAN results² – when schools implement KidsMatter Primary well.

KidsMatter Primary was developed in collaboration with *beyondblue*, the Australian Psychological Society, and the Principals Australia Institute, with funding from the Australian Government Department of Health and Ageing and *beyondblue*.

How does KidsMatter Primary work?

When schools take on KidsMatter Primary, they build on the work they are already doing to support students' mental health and wellbeing. Firstly, they form an Action Team to represent the whole-school community and to coordinate and lead the implementation of the initiative. The Action Team reviews the schools' current efforts across four focus areas (or 'components'). They look for ways they can strengthen these efforts, and then take action using a step-by-step planning process.

Every school is different, with different needs for their students and families. The KidsMatter Primary framework covers four components that have shown to be highly successful in supporting the mental health and wellbeing of children.



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1 Positive school community

Positive and respectful relationships at school help children and families feel that they belong and that their contributions are valued. A positive school community also gives children a sense of security that their needs will be met. Research shows that when children and families feel connected to school, children are less likely to develop mental health difficulties and are more likely to succeed academically.

2 Social and emotional learning for students

Learning how to manage feelings and get on with others is an important part of children's development. It helps them become better learners and feel good about themselves. Teaching children social and emotional skills as part of the school curriculum gives them tools for coping with emotions, solving problems and learning more effectively.

3 Working with parents and carers

In order to promote children's mental health and wellbeing, it makes sense for families and schools to work closely together. Schools can support parents and carers by providing useful parenting information and resources, and by connecting them with further assistance if required.

4 Helping children with mental health difficulties

It can make a significant difference when children and families are able to access mental health intervention early. KidsMatter primary schools learn to respond more effectively to children's mental health difficulties by recognising and responding to concerns that may need following-up. They can provide information to families and develop links with health and community agencies in their local area.

How can families help?

Families are the biggest influence on children's mental health and play a very important role in KidsMatter. Children benefit when the important people in their lives work together and have a shared understanding of their development and their needs.

KidsMatter Primary has developed a range of information sheets with parenting tips and strategies to help all Australian families support the wellbeing of their children. View them online at www.kidsmatter.edu.au

If your child's school is participating in KidsMatter Primary, there are many things you can do to help make it a success:

- Read the KidsMatter Primary information sheets to further your understanding about children's mental health.
- Develop relationships with staff, so you can share knowledge and information about how they can support your child.
- Get involved in the Action Team.
- Ask staff how KidsMatter Primary is being implemented.
- Participate in school activities to build a sense of community.
- Respond to any school requests for ideas or information.
- Talk to other parents and carers about ways the school can support your needs.
- Let the school know what skills or talents you are happy to share.

¹ Slee, P. T., Lawson, M. J., Russell, A., Askell-Williams, H., Dix, K. L., Owens, L., Skrzypiec, G. & Spears, B. (2009). KidsMatter Primary Evaluation Final Report. Adelaide SA: Centre for Analysis of Educational Futures, Flinders University of South Australia.

² Dix, K.L., Slee, P.T., Lawson, M.J. & Keesee, J.P. (2011). Implementation quality of whole-school mental health promotion and students' academic performance. Child and Adolescent Mental Health.

This resource is part of a range of KidsMatter Primary information sheets for families and school staff. View them all online at www.kidsmatter.edu.au



Australian Government
Department of Health and Ageing



Principals
Australia
Institute
Learning. Leading.

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